

# WINTER BREAKFAST

**BAKE**  
**Bar**  
Organic Artisan Bakery

Please order and pay at the counter / No substitutions

\* EGGS & LITE BREKKIE ARE DINE IN ONLY  
MONDAY - FRIDAY UNTIL 12PM WEEKENDS & PUBLIC HOLIDAYS UNTIL 2PM

## BREKKIE ROLLS

Served on onion roll

### Bacon or ham 10.5

aioli, baby spinach, cheese, tomato, hard poached egg & hollandaise

### Veggie 9.9

aioli, baby spinach, cheese, tomato, hard poached egg & hollandaise

### Salmon 11.9

aioli, baby spinach, tomato, Spanish onion, capers, hard poached egg & hollandaise

## MAKE YOUR OWN LITE BREKKIE

### TOAST

All freshly baked on the premises daily

### Croissant 5

### Sourdough 5.5

white | light rye | multigrain

### Fruit toast | Lancienne roll |

### bagel 6.5

### Gluten free bread 7.5

### All toast served with two options of your choice:

butter | vegemite | cream cheese |  
homemade jam | marmalade | nutella |  
peanut butter | honey

### SIDES

Extras for your brekkie!

### Sliced cheese | olives 2

### Grilled tomato | sliced tomato |

### sliced ham | salami 3

### Extra egg 3.5

### Avocado | mushrooms | feta | goats

### cheese | prosciutto 4

### Bacon | chorizo | smoked salmon |

### halloumi 5

### Side salad 5.5

## LITE BREKKIE\*

Served on sourdough bread, toasted or fresh  
(white | light rye | multigrain)

### Avocado & cherry tomato

### bruschetta 13.9

smashed avocado, cherry tomato, feta cheese,  
kalamata olive, za'atar herb & lemon wedges

### Sautéed mushrooms 14.9

sautéed mushrooms, spinach, smashed  
avocado, goats cheese, parsley

### Bacon & egg roll 12.9

baby spinach, tomato, fried egg, bbq sauce

## EGGS\*

Both served on organic sourdough or bun

Gluten free toast +2

### Poached | Scrambled

### Fried | Omelette 12.9

served with tomato, spinach & your choice  
of hollandaise or yoghurt basil pesto

### Smashed pumpkin & eggs 18.9

organic soft roll, smashed pumpkin,  
sweet potato, cherry tomato, feta cheese,  
nut dukkah, sweet potato chips, topped  
with 2 poached eggs

### New York breakfast bagel 18.9

smoked salmon, poached egg, cream cheese,  
capers, cucumber ribbon, radish, garnish with  
balsamic glaze on our organic seeded bagel

### Bake Bar benedict 18.9

organic soft roll, smashed avocado,  
smoked salmon, spinach, 2 poached eggs  
topped with homemade hollandaise sauce  
(can be substituted with bacon or ham)

## BREAKFAST BOWLS\*

### Egg white breakfast bowl 18.9

scrambled egg whites, kale, barley, edamame  
beans, avocado, cherry tomato, broccolini,  
topped with crunchy pepitas, crispy fried  
shallot & lemon wedges

### Super breakfast bowl 18.9

kale, quinoa mixed with broad beans, avocado,  
sauteéd mix mushrooms, cherry tomato,  
2 poached eggs, lemon wedges, topped  
with crunchy pepitas & truffle oil

## COLD

### Iced drinks 6.5

blended iced coffee | coffee on ice  
(not blended) | long black on ice |  
iced chocolate | freezochino | iced chai

### Organic fruit smoothie 7.5 | kids 5.5

mango | berry | banana

### Organic fruit frappe 7.5 | kids 5.5

mango | berry | lychee mint

## SHAKSHUKA

Shakshuka served until 3.30pm weekends  
& public holidays until 4.00pm

### Shakshuka 15.9

mediterranean style eggs baked in our  
homemade tomato salsa with herbs  
& spices served with toast

### Balkan Shakshuka 17.9

mediterranean style eggs baked in our  
homemade tomato salsa, aubergine, feta  
cheese, olive, herbs & spices served with toast

### Chorizo Shakshuka 17.9

mediterranean style eggs baked in our  
homemade tomato salsa with chorizo,  
herbs & spices served with toast

## OUR FAMOUS

### Brekkie Combo sml 8.5 | med 10 | lge 12

Create your own favourite combo from our:  
homemade granola | muesli | plain bircher |  
fruit & nut bircher | rhubarb compote | mixed  
berry compote | fruit salad | yoghurt

### Porridge sml 8.5 | med 10 | lge 12

organic mixed quinoa & oat porridge served  
with mixed berries, rhubarb compote  
& yoghurt

### Acai bowl med 10 | lge 13

organic acai pulp mixed with banana,  
topped with homemade granola & fresh fruit

## HOT

### Coffee sml 3.8 | lge 4.5

piccolo | café latte | cappucino  
flat white | mocha | long black

### Espresso / Ristretto 3.5

### Macchiato 3.5

### Extras 0.5

Extra shot | almond milk  
soy milk | lactose free milk | decaf

### Babycino 1

### Chai latte sml 3.8 | lge 4.5

### Hot chocolate sml 3.8 | lge 4.5

### Tea 3.8

peppermint | earl grey | english breakfast |  
camomile | green tea | lemongrass & ginger | chai

Catering available call  
(02) 9160 9297

554 Old South Head Rd,  
Rose Bay NSW 2028

[www.bakebar.com.au](http://www.bakebar.com.au)



Surcharge applies on Public holidays

# WINTER LUNCH

Please order and pay at the counter / No substitutions

**BAKE**  
**Bar**  
Organic Artisan Bakery

\* LUNCH SERVED MONDAY - FRIDAY 12PM UNTIL 3.30PM,  
WEEKENDS & PUBLIC HOLIDAYS 12PM UNTIL 4.00 PM

## WINTER SOUPS\*

Our range of delicious winter soups are served with our freshly made organic sourdough **13.9**

**gluten free toast +2**

## PASTA\*

### Wild mushroom linguine 18.9

linguine, enoki and button mushrooms, capsicum & broccoli in a light creamy truffle flavour sauce

### Prawn linguine 22.9

prawns, cherry tomatoes & rocket in a white wine sauce & parmesan cheese

### Pesto & chicken penne 18.9

chicken breast, cherry tomatoes, rocket & garlic in a white wine sauce & parmesan

## BURGERS\*

Served on organic soft bun

### Chicken burger 13.9

free range grilled chicken in our homemade marinade with tomato, roasted capsicum, mixed lettuce, avocado & chilli aioli

### Tuna burger 14.9

freshly grilled tuna steak with tomato, avocado, mixed lettuce & chilli aioli

### Chicken schnitzel burger 13.9

free range chicken schnitzel with tomato, roasted capsicum, mixed lettuce, avocado & chilli mayo

### Beef burger 13.9

grass fed beef patty with tomato, beetroot, caramelised onion, mixed lettuce & our lemon aioli

**add salad or chips 5.5**

## BAKED GOODS

Freshly baked on the premises every day

See the display fridge for our selection of sweet & savoury baked goods & homemade pies

### Chicken & mushroom pie 6

### Chunky beef pie 6

### Lamb harrisa roll 5.5

### Beef sausage roll 5.5

### Mediterranean scroll 5

### Quiche of the day 9

## SANDWICHES

All made using organic sourdough, freshly baked on the premises every day

**see display fridge for our**

**daily selection**

**gluten free toast +2**

**add salad or chips 5.5**

## SALADS\*

Our salads are freshly made when you order & served with organic sourdough toast

Vegetarian or vegan options available

### Grilled salmon salad 20.9

grilled salmon, mixed quinoa, kale, cabbage, carrot, corn, edamame beans, coriander, dressed with our soy & ginger dressing, topped with nut dukkah & lemon wedges

### Seared tuna salad 21.9

seared tuna steak (cooked medium), green beans, roasted zucchini, kale, cabbage, edamame beans, radish, coriander, dressed with our ginger soy dressing, topped with toasted sesame seeds and lemon wedges

### Prawn caesar salad 21.9

marinated garlic prawns, bacon, baby cos lettuce, croutons, cherry tomato, dressed with garlic & lemon aioli, topped with parmesan cheese

### Mexican shredded beef salad 18.9

slow cooked beef, avocado, cherry tomatoes, baby cos lettuce, Spanish onion, radish, jalapeño, coriander, shredded cheese, dressed with classic vinaigrette, served with corn chips

### Asian style chicken salad 17.9

poached chicken, mixed lettuce, cabbage, cherry tomato, cucumber, carrot, walnuts & Asian mint dressing

### Grilled chicken salad 17.9

marinated grilled chicken, grilled corn, sundried tomato, celery, apple, croutons, shallots & mixed lettuce, dressed with our garlic & lemon aioli

### Mediterranean brown lentil and halloumi salad 17.9

grilled halloumi, brown lentil, sundried tomato, cucumber, walnuts, cabbage, mixed lettuce, dressed with classic vinaigrette

### Mixed quinoa salad 16.9

quinoa, feta, mixed lettuce, Spanish onion, roasted carrot & zucchini, almonds & shallots, dressed with our classic vinaigrette

### Pear & goat cheese salad 16.9

pear, goat cheese, mixed lettuce, pumpkin, beetroot, croutons, dressed with our honey mustard dressing

## EXTRAS\*

**Avocado 4**

**Chicken | smoked salmon | halloumi 5**

**Fresh tuna 8**

**Prawns (\$2 each)**

**Gluten free toast 2**

Catering available call (02) 9160 9297  
554 Old South Head Rd, Rose Bay NSW

[www.bakebar.com.au](http://www.bakebar.com.au)



Surcharge applies on Public holidays